

WHR

NEWSLETTER

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KEY HIGHLIGHTS

- **31ST ANNUAL GENERAL MEETING AND NEW CENTRAL BOARD ELECTION**
- **WHR NEPAL LEADS 77TH INTERNATIONAL HUMAN RIGHTS DAY & 17TH NATIONAL MAGNA MEET**
- **DEMAND LETTERS TO POLITICAL PARTIES ON WIDOWS' RIGHTS FOR ELECTIONS**
- **DIGITAL AND EMPOWERMENT TRAININGS FOR HOME-BASED WOMEN WORKERS**
- **INTERGENERATIONAL DIALOGUES AND HUMAN RIGHTS RALLIES ACROSS PROVINCES**
- **VISITS TO DOCUMENTATION CENTRE AND PEACE GALLERY BY NATIONAL AND INTERNATIONAL DELEGATIONS**

CENTRAL NEWS

WOMEN FOR HUMAN RIGHTS HOLDS 31ST AGM, ELECTS NEW CENTRAL BOARD



Women for Human Rights (WHR) successfully conducted its 31st Annual General Meeting, marking an important milestone in its continued journey of advocating for the rights and empowerment of single women in Nepal.

The meeting concluded with the election of a new Central Board. Shobha BC has been elected as Chairperson, with Rekha Adhikari as Vice Chairperson. Ek Maya Bishwokarma will serve as General Secretary, while Anita Devkota has been appointed as Secretary. Chandrika Bhattarai has taken on the role of Treasurer. The board members include Januka Joshi, Somariya Paswan, Rita Sen, Pratibha Bista, and Ram Kumari Thapa.

The newly elected board is expected to carry forward WHR's legacy of advocacy, resilience, and empowerment, further strengthening its mission to support and uplift single women across Nepal.

WHR NEPAL LEADS NATIONAL HUMAN RIGHTS MEET WITH KEY PARTNERS



Women for Human Rights (WHR) Nepal, as Convener, together with Ageing Nepal and Unification Nepal as Co-conveners, successfully organized the 77th International Human Rights Day 2025 and the 17th Human Rights National Magna Meet 2082 in coordination with the National Human Rights Commission (NHRC) and with support from the NGO Federation of Nepal, Kurve Wustrow, Tewa, FEDO, and DCA.

The event was graced by Chief Guest Hon. Home Minister Om Prakash Aryal, Special Guest Hon. Top Bahadur Magar, Chairperson of NHRC, and other distinguished guests. Congratulations to the Human Rights Award honorees — Ms. Bimala Tamang, Nepal Mahila Ekata Samaj, and Shakti Samuha — for their inspiring and outstanding contributions.

WHR COMMEMORATES INTERNATIONAL HUMAN RIGHTS DAY ACROSS NEPAL



Women for Human Rights (WHR) marked the 77th International Human Rights Day 2025 with a series of programs across Nepal, emphasizing human rights, good governance, and civic engagement.

WHR URGES POLITICAL PARTIES TO ADDRESS SINGLE WOMEN'S RIGHTS IN ELECTION MANIFESTOS



WHR has submitted a demand letter to political parties contesting in the general election for the House of Representatives across Nepal, urging them to prioritize the issues and rights of widows in their election manifestos.

VOTER EDUCATION SESSIONS EMPOWER SINGLE WOMEN IN BUDHANILKANTHA AND SURYABINAYAK



Voter education sessions for single women were conducted in Budhanilkantha and Suryabinayak Municipalities, facilitated by Mr. Thakur Prasad Bhattarai, District Election Officer of Kathmandu.

The sessions aimed to promote informed and active civic participation among single women, providing them with knowledge about the electoral process, voting rights, and the importance of their engagement in shaping local and national governance.

WHR AND HOMENET SOUTHASIA HOST STAKEHOLDER CONSULTATION ON VIOLENCE AGAINST WOMEN HOME-BASED WORKERS



Women for Human Rights (WHR), in collaboration with HomeNet South Asia, successfully organized a stakeholder consultation program focusing on the issue of violence faced by women home-based workers in Sunakothi and Chandragiri.

The program provided a platform for participants to openly share their experiences, challenges, and concerns as home-based workers. By bringing together stakeholders and workers, the consultation aimed to raise awareness, identify solutions, and strengthen efforts to protect the rights and safety of women in the informal workforce.

THREE-DAY TRAINING STRENGTHENS HOME-BASED WOMEN WORKERS' LEADERSHIP AND ADVOCACY



WHR, in coordination with HomeNet South Asia, conducted a three-day training on Group Formation and Expansion for Home-Based Women Workers (HBWs).

The training focused on strengthening HBWs' sense of identity, leadership skills, collective voice, and advocacy capacity. Through interactive sessions and practical exercises, participants were empowered to organize effectively, expand their networks, and advocate for their rights and better working conditions within their communities.

TWO-DAY EMPOWERMENT TRAINING STRENGTHENS HBW LEADERS AGAINST VIOLENCE



Women for Human Rights (WHR), in coordination with HomeNet South Asia, successfully conducted a two-day Empowerment Training against Violence Against Women (VAW) for Home-Based Worker (HBW) leaders in Sunakothi and Chandragiri. The training enhanced participants' understanding of violence, gender norms, and women's rights. Key sessions covered the concepts of violence and empowerment, different types of violence, community helplines and support networks, economic empowerment, and the critical roles and responsibilities of HBW leaders in prevention and response. The program aimed to equip HBW leaders with the knowledge and tools to advocate for safer communities and support women facing violence.

ST. MARY'S SECONDARY SCHOOL HONORS WHR ON INTERNATIONAL WOMEN'S DAY



On the occasion of International Women's Day, St. Mary's Secondary School honored Women for Human Rights (WHR) in recognition of its outstanding contributions to advancing the rights and dignity of women.

The honor was received by Ms. Chandrika Bhattarai, Central Board Treasurer of WHR, who accepted it on behalf of the organization, celebrating WHR's continued commitment to empowering women and promoting gender equality across Nepal.

SAFE INTERNET COMMUNITY PROGRAM PROMOTES DIGITAL AWARENESS



The Safe Internet Community Program was successfully conducted in coordination with Worldlink Communications, aiming to promote digital safety and awareness among community members. The participants from Tarkeshwor Municipality and Chandragiri Municipality actively took part in the training, gaining valuable knowledge on safe internet practices, responsible online behavior, and ways to protect themselves from digital risks. The program contributed to building a more informed and secure digital community.

DIGITAL TRAINING EMPOWERS FEMALE HOME-BASED WORKERS



A digital training program for female home-based workers was successfully conducted with the support of ADICE, a French association promoting international cooperation and mobility. The training utilized materials inspired by the Digital Competencies Training developed by MONDO, an Estonian NGO dedicated to reducing global inequality.

WHR DOCUMENTATION CENTRE AND PEACE GALLERY WELCOMES INTERNATIONAL AND NATIONAL VISITORS



The WHR Documentation Centre and Peace Gallery recently hosted visits from a range of distinguished organizations and institutions, including the Australian Embassy, Dalit Lives Matter Global Alliance, Amics del Nepal, Surya Life Insurance, and Manchester University, USA.

CONGRATULATIONS TO WHR LEADERS ON REMARKABLE ACHIEVEMENTS



Women for Human Rights (WHR) extends its heartfelt congratulations to former Central Board Member, Shanti Maharjan, on being honored with the “Chief of Army Staff Outstanding Social Service Award 2082” by the Nepali Army on the occasion of Maha Shivaratri and Army Day. This prestigious recognition highlights her outstanding commitment to social service and her enduring contribution to the community.

WHR also warmly congratulates Aruna Shrestha, Chairperson of WHR Lumbini Province, on her unanimous election as a Central Member of Newa Dey Daboo (NDD), a national-level federal organization representing various Newar community groups across Nepal. Her achievement is a proud moment for WHR, reflecting her dedication and leadership. We wish her continued success and impactful contributions in the days ahead.

WHR AND NHRC CONDUCT WORKSHOP ON RIGHTS OF SINGLE WOMEN IN NEPAL



Women for Human Rights (WHR), in collaboration with the National Human Rights Commission (NHRC), successfully conducted a dissemination workshop on “A Study on the Implementation Status of Policy and Legal Provisions Concerning the Rights of Single (Widowed) Women in Nepal.”

The workshop provided a platform to share the study’s findings, discuss challenges in policy implementation, and identify ways to strengthen legal protections for single women. It emphasized the need for effective enforcement of existing laws and policies to ensure dignity, equality, and justice for widowed and single women across the country.

WHR NEPAL CONDUCTS TIPSH TRAINING TO EMPOWER YOUTH AGAINST SEXUAL ABUSE



In collaboration with the Bhaskar-Tejshree Memorial Foundation, Women for Human Rights (WHR) Nepal successfully conducted a two-day TIPSH (Training of Trainers in Prevention of Sexual Harassment) program.

WHR KASKI REVIEWS WOMEN'S INCOME-GENERATION ACTIVITIES IN ANNAPURNA



WHR Kaski successfully conducted a meeting with single women, conflict-affected women, and marginalized women's groups in Annapurna Gaupalika-3. The meeting focused on reviewing progress in income-generation activities, incense-making training, and cash-fund operations, strengthening women's economic empowerment and community engagement.