



WOMEN FOR HUMAN RIGHTS, single women group (WHR)

# "No Discrimination On The Basis Of Marital Status"

Issue 2, Relief Oriented



## WHR's Relief during Nepal Earthquake Highlights

On 25th of April 2015 in a matter of seconds everything changed, Nepal was hit by 7.8 magnitude earthquake which was later followed by 7.4 magnitude on 12th May 2015 which has left the earth's crust disheveled and undone. In this national tragic event thousands of innocent people have lost

their lives and homes. According to the data produced by the Nepal Police, till date the death toll has risen up to 8,699 and the number of injured has been informed to be 22,489.

As a result of Nepal's earthquake, scores of women have been left internally displaced, socially and psychologically dislocated and in dire need of urgent medicine, health care, and adequate nutrition. Due to this event many vulnerable groups of women such as lactating mothers, female



headed households, single women, injured women, elderly women and adolescent girls have been severely affected. These groups are particularly vulnerable due to poverty, reproductive and productive roles they possess and sexual vulnerability.

Different evidences from all across the world depict that the most vulnerable ones during crisis are single women headed households, elderly people, and girls. Women and girls are more vulnerable to sexual and gender based violence due to their displaced status, poverty, marital status, very limited access to public sphere in patriarchal status. According to the data provided Dhading has 3,000 single women and out of it 2,000 of them are highly

affected. Similarly in Kathmandu there are 1,900 single headed women whereas, 790 are directly affected by this tragic event. Also according to the source Nuwakot has 5,000 single women and all of them have fallen prey to the earthquake and in Kavre 12, 979 single women have been reported and out of them 7,000 are highly affected.



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# WHR's Relief and Recovery at District Level Highlights

## Dhading Relief Highlights



On 19<sup>th</sup> and 20<sup>th</sup> May 2015 WHR team distributed relief materials in Dhading, Nilkantha, Sangkot, Sunaulo Bazar, Chaumara, Pauwa, Sakhu, Salyantar, Jojimara, Benighat and Gajuri VDCs.

The relief was targeted to women headed households and distributed in coordination with CDO. Nepal Army and Nepal Police helped us to identify the people and area in need.

The most emotional point of the event was the senior ladies saying **“Those who're strong will take away the packages and we are left with nothings.”**

## Gorkha Relief Highlights



On the 22<sup>nd</sup> of May 2015 WHR with support from GOONJ, India and in coordination with CDO offices received reliefs materials namely Tarps – 185 pieces, Tent- 115 pieces and solar lights- 400 pieces.

The relief materials were distributed to 245 female-headed households of Gyalchok VDC. It is one of the most affected VDC of Gorkha where the majority of diverse ethnic communities and Chepang ethnic group are present. We would like to thank GOONJ for supporting us with the supplies and letting us reach people in need.

## Sindhupalchowk Relief Highlights



On 23<sup>rd</sup> and 24<sup>th</sup> May 2015 WHR team headed towards Sindhupalchowk with the relief materials which were supported by GOONJ. On our way to Sindhupalchowk, our truck driver informed us, “The road here were blocked due to the landslides,” and after informing the team regarding it he pointed at the gigantic rocks which were settled down on top of the hills and yet again said, “look at those rocks, it can fall down at us anytime.” After that he accelerated the truck in the narrow roads and rushed towards safety. Despite the rocky situation, WHR team distributed food packages to women survivors of the earthquake. In Sukute 30 single headed household's women were provided with the relief packages, in Pangretar 82 women survivors were supported and in Bahrabise 150 single women were supported with the relief packages. As per the report most of the male populations of Sindhupalchowk have gone abroad for employment and the initial stages of rescue efforts in the district had been carried out by women.

## Kavre Relief Highlights



On 31<sup>st</sup> May 2015, WHR team distributed relief materials to women survivor in Sampati, Kavre. The relief package contained food supplements (Rice, Dal, Oil, Sugar, Salt, Tea, Power milk, Spices, Mix Beans), Blankets, Tarps. Single women group Kavre coordinated with various governmental bodies to normalize the distribution.

WHR team was touched by the words **“Nature mother took our future but WHR gave us life by providing meal and warmth, we will never forget what you have done for the helpless peoples”**



## Relief to WHR's Single Women Highlights

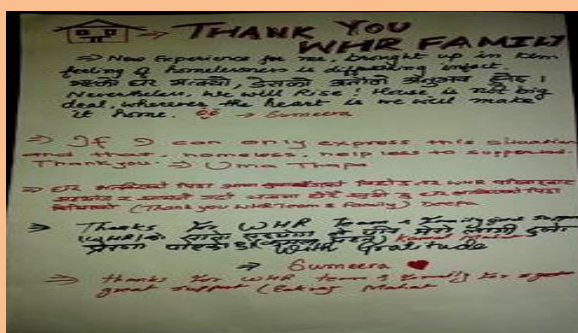


Women for Human Rights, single women group (WHR) has mounted a massive response to meet the needs of the single women survivor of the two earthquake that have hit Nepal, on 25<sup>th</sup> April 2015 and 12<sup>th</sup> May 2015. Generally WHR's relief work for single women has been divided into 2 sections: 1<sup>st</sup> comprises of immediate relief i.e providing food supplements and 2<sup>nd</sup> phase would be targeted for resettlement.

Under the 1<sup>st</sup> phase WHR has distributed relief packages with in Kathmandu, Bhaktapur and Lalitpur.

Sno.	Location
1.	Machchhayagaun
2.	Bhaktapur
3.	Balambu
4.	Satungal
5.	Sunakoti
6.	Khokana
7.	Manamaiju
8.	Dharmasthali
9.	Jitpur
10.	Jhor

## WHR Staff Support Highlights



As a support from one family to another family member, WHR has extended its support to 5 staff members whose houses were completely or partially damaged in Kathmandu, Dolakha and Ramechhap. Although in this hard time all these 5 staffs have been working day and night at WHR.



# Awareness Highlights

## Self Defense Training held



WHR along with THE WE UNITED and Fight Back organized the self-defense training coordinated by UN Women for women and girls on Saturday, May 30<sup>th</sup> at Narayanchaur, Kathmandu the training was focused on women and girl survivors of the Earthquake. The main objective of the program was to empower women and girls by creating safe spaces to impart leadership training, life skills development and team building through dynamic sport-based activities.



## Trauma Healing session for Children



In order to normalize the life of children survivor taking shelter at a camp located at Narayan Chaur, Naxal after the Earthquake, on 29<sup>th</sup> May 2015, WHR youth Wing's Volunteers gave one day Psycho Social Therapy to 95 children.

The program included dancing, singing, art therapy, playing various games. All the children were given small gifts at the end of the session and were provided with lunch. WHR Youth Volunteer is motivated to work for children in coming days after hearing "We thought we will die but your activities refreshed us."



**Thank you to all the donors, partners, helping hands, Volunteers, for all you do. We will raise Again.**

**- WHR Family**



## Thanking our Donors Highlights



Women for Human Rights, single women group (WHR) would like to thank you all from the deepest corner of our heart for your support in our relief project. A sincere gratitude to all of you for the donation, the immediate relief project wouldn't have been possible without you all.

## WHR's Resettlement and Recovery Highlights

### UN Women Support



WHR in support with UN Women is working for "WOMEN SAFE SPACE CENTER" at Kathmandu and Gorkha. As the earthquake has severely impacted 13 out of 75 districts of the country this joint mission to serve 2,000 people who have been deeply affected by the tragic event, the elderly and disable women as well as those from female-headed households will also be supported.

In the initial stage, WHR had a meeting with WDO of Kathmandu and various talk and formal meeting with CDO, LDO, DDRC committee and VDC secretary of Gorkha. Where the women safe space center is also running under tent as the building is under construction.

As per the project target to distribute dignity kits, non-food items, counseling, work in referral mechanism and short term shelter WHR has conducted a day long trauma healing session at Dharmasthali on 3<sup>rd</sup> June 2105. Such programs will be conducted further in Gorkha's Tarkshwor and Dharapani .

### OXFAM Support

WHR in support with OXFAM is working towards the beneficiary of earthquake survivor at Gorakha, Dhading, Nuwakot, Sindhupalchowk, Kathmandu, Lalitpur and Bhaktapur. WHR has built a safe space at Gorkha and is developing plans for other districts as well. The safe space will work for emergency responses, reconstruction and rehabilitation for the earthquake survivors.



## Relief Glimpse of WHR Highlights



**Volunteers preparing Relief 500 package to be distributed at “Dhading”**



**Gorkha Relief Program, where our staff and volunteers walked for a day to reach the destination.**



**Our team has visited Sindhupalchok 3 times for relief program with 1200 packages.**



**The road might be difficult but we will strive to reach our destination.**

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