

Women for Human Rights, single women group (WHR)

Relief Oriented Fortnight E-News Paper
Issue 1



#Help In Any Way Possible!



May We All Nepalese Get The Strength To Handle The Situation In The Best Way Possible!

- WHR Family

On 25th April 2015, a devastating earthquake of 7.8 magnitude struck Nepal creating large scale damage and many casualties. Initial estimations and based on the latest earthquake intensity mapping shows over 8 million people are affected in 39 of Nepal's 75 districts. According to the latest data of government (19th May 2015), the earthquake caused more than 8467 deaths and 17505 casualties, most of them in Sindhupalchowk, Kathmandu, Bhaktapur, Lalitpur, Gorkha and Nuwakot. The figures are increasing as per the information of rescue and relief support team.

Services Highlights....



30 Women Sheltered In Chhahari

WHR's Chhahari sheltered 30+ lactating mothers and their family members after the devastating earthquake of 25th April 2015. The

immediate shelter was given to these lactating mother and their newborns with nutritious food, medical checkups and relief packages that includes warm clothes and blankets.

Meal for a day

In devastation, fresh food and cooked food is rare to have access to due to destroyed utensils and other cooking appliances. Special focus was targeted to elderly people, lactating mothers

and everyone who were taking temporary WHR, Chhahari production and youth organization and volunteers. WHR is planning for longer term relief and resettlement in this area.



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Relief Highlights.....

Reaching to earthquake survivors of remote Manakamana VDC



WHR, in the coordination of Nuwakot's VDC, helped the casualties in Manakamana. These victims hadn't even been touched neither by medical nor by relief help. The supplies of WHR were 700 households to sustain for a week, which included blankets and tents as well.



100 Dignity Kits Distributed

WHR in coordination with UN Women distributed 100 dignity kits which included important things associated to women. The kit included pair of Sari, blouse, gown, pettycoat, undergarments, torchlight, nail cutter, soap, tooth paste, brush, sanitary cloth, and holding bags. These kits were distributed to women (lactating mothers, older women, injured and disabled women) of **Dharmasthali, Paanga** and **Bhaktapur** area after their situation analysis.

Relief distribution to single women

The relief was distributed by WHR team with the support of VDC focal at "Macchegaun" after a daylong monitoring. The relief was given to one of the group of victims who suffered the most; single women. The relief was distributed to 80 single women whose houses were completely destroyed.



Candle Light Vigil in the memory of all Nepalese who lost their life in Earthquake

On the 13th memorial day of all the people who lost their lives due to the massive earthquake on 25th April, '15, a candle vigil was organized as a tribute to them. It was held on Narayan Chowk, Naxal by the WHR family. A big appreciation the Sakshyam band who paid condolence to all the lost ones and their families.



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Relief Highlights Continue.....



Reaching out to survivors

WHR was able to directly distribute reliefs among the single women of different places who were victimized during the earthquake.



Different teams were actively mobilizing to analyze the situation of single women and survivors around the immediate service and goods were extended to the survivors of **Balambu, Sunakot, Bode and Panchkal**. The need assessments were carried out and based on the relief included kitchen appliances, food tents and blankets.



Our Energy Was Boosted By Seeing The Enthusiasm And Liveliness In These Children's Face.



Paty (Spare Place) will raise; A promise of WHR



The paty at Bungamati was totally destroyed and left to remains by the massive tremor. The place was supposed to be a safe place for the people taking shelter outside due to the terror of another tremor and aftershock. Upon hearing the plea of the elderly women, WHR team took a pledge to rebuild the Paty in Bungamati. On the same visit and on the next day relief packages as well as tents were distributed.



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Relief Highlights Continue.....



WHR And Helpage Nepal Brought An Smile On The Face Of Earthquake Victim Senior Citizen

HelpAge Nepal, a long-term partner of WHR in senior citizen distributed NPR.7500 to 1144 earthquake victim in 3 VDCs in Bhaktapur – Sipadol, Balkot and Gundu.

WHR mobilized its human resource to identify the households by going door to door and finally verified with the VDC Secretary. The Distribution was made in coordination with District and VDC offices. The senior citizens were immensely pleased with the cash donation and made remarks such as **“I’ll buy roofing materials with the money,”** **“I have not had good meal in sometime and I’ll do so now,”** **“I’ll buy medicines for my ill grandson”** it was a humbling experience !

Relief Distributed To 1200 Earthquake Victims Of Kavre



Our team along with Sankalpa and Norwegian Embassy distributed relief materials to 1200 households of Nayagaun, Panchkhal, Kavre.

Although the place was in ruins and people are in hunger, they share special bonding with each other and eagerness to help and share. Many people thanked us for our work where people told **“Today we will eat good meal,”** **“I will make food in oil and give it to my pregnant daughter-in-law”**.



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Emergency settlement Highlights....



Giving Especial Care to Pregnant and Lactating Mothers

These days' new mothers are referred to our camps by hospital as well as other pregnant and lactating mothers who are living in the worst condition after the earthquake. Mainly has been noted as vulnerable groups are pregnant and lactating mothers. They are taken care by WHR after the devastating tremor. WHR has set camps on various places of **Kathmandy, Bhaktapur and Lalitpur**. The women are given proper meal and given proper care as well.



Earthquake Affected Single Women's Data from 26th April 2015 till 15th May 2015....

District	Total Number of Single Women	Total Number of Highly Affected Single Women
Dhading	3000	2000
Kathmandu	1900	790
Kavre	12979	7000
Nuwakot	5000	5000



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Helping Hands in Need PayPal Data....

WHR Family would like to thank you all from the bottom of our heart for the contribution (\$ 10,616.71) you all made during this hard time.(April 26- May 5)							
Aniket Shinde	Anima Singh	Anita Singh	Annie Gorden	Anat Gelb-Price	Amy Barrow	Aarogya Rana	Anul Thapa
Ankita Gupta	Ankita Gupta	Bryn Gay	Conor Mullen	Clear Scope Design	Cecelia Sanders	Chris Fitzgerald	Claudia Volk
Cristina Scollo	Claudia Volk	Chris Fitzgerald	Claudia Volk	Claudia Volk	Devin Foley	Debra Falatko	Daniel Domagala
David Meyers	David Ellisor	Dan Chaprut	David Sellers	Elizabeth Mckenney	Eldar Takyrbashev	Evan Mackintosh	Elina Bouloubasis
Frank Decarlo	Gordana Obradovic	Gordana Obradovic	Hermiona Sarkissian	John Crowley	Judith Fehr	Jason Renzaglia	Jenna Wiens
James Bettney	Jan Connery	Jan Wessling	Julie McBride	Jen Gong	Jane Kim	Jason Rennie	Jan Wessling
Jane Kim	Kunchok Choden	Kavita Patil	Kate Corkery	Kendra Capece	Karl Broehm	Lydia McGowan	Lydia McGowan
Laura Macinnis	Meghan Oconnell	Michael Moynihan	Manish Joshi	Melissa Freeman	Martina Mcpherson	Marjorie Fischer	Michael Tolleth
Meredith Johnson	Metin Celebi	Mike Pitre	Mariela Magnelli	Mary David	Mariela Magnelli	Mike Pitre	Niyanta Mogre
Neil Lessem	Nanda	ohn Doyle	Pralita Tiwari	Paul Ellis	Paul Carpenter	Pavithra Kumar	Petra Heinemann
Pema Hou	Priya Saxena	Petra Heinemann	Pema Hou	Reshav Malla	Robert Wilson	Ruy Ismael Nunes Fortini	Ramesh Santanam
Sneha Shrestha	Selina Pradhan	Sharon Capece	Sarah Gilliland	Suyog Parajuli	Suraj Ajithakumar	Shirley Zhang	Steven Lesser
Steve Herscovici	Sarah Lu	Simon Riebau	Susan Rauch	Simon	Tabitha Dalton	Tracy Fehr	Tanya Weiman
Tenzin Desal	Teresa Lawson	Thoralf Weise	Teresa Lawson	Thoralf Weise	Uwharrie Bike Shop	Unika Shrestha	Warren Allison
William Headen	Wilmar Nizza	Wilmar Nizza	Yingxia Yang	Yun Liu	Barry McNulty	Franziska Riebau	Rachel Mccaffrey
Rajan Shrestha	Ryoko Yonamine	Pamela Robinson	Brielle Meade	Ramesh Santanam	Pizobie	Karl Broehm	Ruy Ismael Nunes Fortini
Riebau	JEN GONG						



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Helping Hands in Need Intuitional Support....



WHR Family Is Indebted With Your
Implausible Support.
Thank You



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Helping Hands in Need Volunteers, Organization's especial Support...

All this wouldn't have been possible if you all Volunteers were not there to support us. Thank you

- WHR Family



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